



# **School Health Advisory Council**

November 29, 2016

Point Isabel ISD

# The council's duties include recommending:



- The number of hours of instruction to be provided in health education;
- Curriculum appropriate for specific grade levels designed to address wellness issues;
- Appropriate grade levels and methods of instruction for human sexuality instruction;
- Strategies for integrating wellness curriculum components with the elements in a coordinated school health program; and
- Policy considerations about recess for elementary students.

# School Health Advisory Council

Coordinated School  
Health Advisory Program

1 School health services

2 Counseling and guidance  
services

3 A safe and healthy school  
environment

4 School employee wellness

The School Health Advisory Council is to assist the District in ensuring that the local community values are reflected in the District's health education instruction.

BDF (Legal) Board Internal  
Organization: Citizen Advisory  
Committees

# School Health Advisory Council

## Wellness Components

1

Prevent obesity, cardiovascular disease and type 2 diabetes through coordination of health education

2

Physical education and physical activity

3

Nutritional services

4

Parental involvement

5

Instruction to prevent the use of tobacco

The District must consider the recommendations of the local SHAC before changing the District's health education curriculum or instruction.

BDF (Legal) Board Internal Organization: Citizen Advisory Committees

# School Health Advisory Council (SHAC) Composition

1 School Board shall appoint at least five members to the committee, including one: teacher, clergy, law enforcement, business member, senior citizen, representatives of non – profit health organizations, or student.

2 The majority of the members should be parents and students.

3 One of these members shall be appointed as the co – chair.

# School Health Advisory Council Composition

- School Teachers
- School Administrators
- District Students
- Community Members
- Health Care Professionals
- Business Members
- Law Enforcement
- Clergy

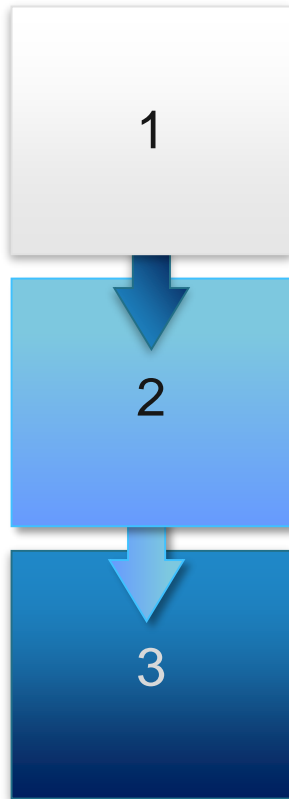


# School Health Advisory Council (SHAC) Meetings

- Minimum of four meetings each year
  - November 29, 2016
  - January 10, 2017
  - March 28, 2017
  - April 25, 2017

# School Health Advisory Council

## Annual Report



Any council recommendation concerning the District's health education curriculum and instruction or related matters that the council has not previously submitted to the Board;

Any suggested modification to a council recommendation previously submitted to the Board; and

A detailed explanation of the council's activities during period between the date of the current report and the date of the last prior written report.



# School Health Advisory Council (SHAC)



Communication

Collaboration

Student  
Success

**THANK YOU for joining our  
School Health Advisory Council!**