

Elementary Curriculum Map					
Kindergarten - 2nd Grade					
First Term - August - December					
Unit 1					
Aerobic Games/Movement Skills (20 days) August 22 - September 16					
	Warm-Up	Go Fitness	Go Activity	Cool-Down	
1	Limber Letters Card 168	Alphabet Walk Card 11	Stunt Double Tag Card 111	Limber Letters Card 168	1C,2A,3C,6B,7A,7B,7C,1F,1D,5A,4F,3B,7B
2	Walking Talking Spelling Bees Card 14	Crabs & Seagulls Card 127	Rainbow Crossing Card 107	Walking Talking Spelling Bees Card 14	1C,2A,3C,6B,1B, 6B,7C, 7B, 3B,1A,4F,7A
3	Count Down Card 59	Hibernation Card 124	Keeping Your Flock Card 108	Count Down Card 59	1C,2A,3C,6B,7A,1D,1E,7C, 5A,4F,7A,7B,1E
4	People Dodge Card 4	Locomotion Commotion Card 110	Dragon's Tail Card 119	People Dodge Card 4	1B,1C,3C,1A,6B,7C,7B, 1D,3B,5A,4F,2A,2B
5	Automobile Card 57	Race & Reach! Card 169	Musical Hoops Card 65	Automobile Card 57	2A, 1A,1B,3C,1C,6B,7C,7B,1F,1D,5A,4F,7B
6	Nice to Meet You Card 10	Frogs, Flies & Lily Pads Card 128	See Ya' Later Alligator Card 115	Nice to Meet You Card 10	2A,2B,3A,5A,6B,7A,7C,1D,1F,4F,1C,1H,3B
7	People Dodge Card 4	Skitter Scatter Card 13	Islands Card 317	People Dodge Card 4	2A,2B, 1A,1B,1C,1D,3C,5A,5B,6A,6B,7A,7B
8	People Dodge Card 4	Count Down Card 59	Kids in Space Card 318	People Dodge Card 4	1A,1B,1C,1D,2A,2B,5A,5B,3A,1A,1B,1C,1F
9	The S Trail Card 7	The Snake Trail/Double Card 16	Balance Trains Card 322	The S Trail Card 7	1A,1B,1C,1D,2A,2B,5A,5B,3A,1A,1B,1C,1F
10	Stretch Routine Card 164	Shaping Up Card 60	Agility Run Card 321	Stretch Routine Card 164	1A,1B,1C,1D, 4A,4E,5A,6A,6B,7A,7B,3A,3B
11	Simon Says Card 10	Race & Reach! Card 57	Mirror, Mirror Card 320	Simon Says Card 10	3A,3B,1C,1D,4A,4E,5A,6B,7B,7A,3A,3B,
12	Nice to Meet You Card 10	Automobile Card 57	Hoop Jump Card 320	Nice to Meet You Card 10	1A,1B,1C,1D,2A,2B,5A,5B,3A,1A,1B,1C,1F

Elementary Curriculum Map

Kindergarten - 2nd Grade

First Term - August - December

Unit 2

Rhythms/Throwing & Catching/Striking & Volleying

(20 days) September 19 - October 14

	Warm-Up	Go Fitness	Go Activity	Cool-Down	
1	Go Fish Card 9	Skitter Scatter Card 13	Feel the Beat Card 336	Partner High 5 Together Card 12	1A,1B,1C, 3A,3B,3C, 5A,5B,6A,6B,7A
2	Partner High 5 Together Card 12	Race & Reach! Card 169	Hoop Beat Card 338	Go Fish Card 9	1A,1B,1C, 3A,3B,3C, 7A,7B,4A,4B,4C,5A
3	Nice to Meet You Card 10	Musical Hoops Card 65	Automobeat Card 339	Alphabet Walk Card 11	1D, 2A,2B,3A-E, 4A, 5A,5B,5C,6A,6B
			The Rhythm Train Card 340		
4	Alphabet Walk Card 11	Rum Pum Pum Card 53	Feel the Beat Card 336	Squirm, Wiggle, Jiggle Card 56	1F,2A,2B,3B,3E,4A, 5A,5B, 5C,7A,7B,7C
5	Squirm, Wiggle, Jiggle Card 56	Shaping Up Card 60	Scatter Square Dancing Card 343	Walking Talking Spelling Bees Card 14	1A,1B,1C, 3A,3B,3C, 5A,5B,5C,6A,6B
6	The S Trail Card 7	Automobile Card 57	Solo Catch Card 372	The S Trail Card 7	1A,1B,1C, 3A,3B,3C, 7A,7B,4A,4B,4C,5A
7	Partner High 5 Together Card 12	Let's Stick Together Card 167	Beanbag Buddies Card 376	Partner High 5 Together Card 12	1A-D, 4A,4B,4C,5A, 5B,6A,6B,7A,7B,7C
8	Stretch Routine Card 164	Frogs, Flies, and Lily Pads Card 128	"Busy Bee"n Bag Card 367	Stretch Routine Card 164	1C,3A,3B,3C,7A,7B, 5A,5B,2A,2B
9	Let's Get Together Card 8	Shaping Up Card 60	Gotta Wanna Beanbag Card 369	Let's Get Together Card 8	2A,2B,1A,1B,1C,1D 1I, 1L,1M,5A,5B
10	Simon Says Card 5	Fancy Feet Card 62	Throw for Distance Card 371	Simon Says Card 56	2A,2B,1A,1B,1C,1D 4A,5A,5B,6A,6B
11	Fast Walk Card 6	Count Down Card 59	Beanbag Toss Card 373	Fast Walk Card 6	1A-D, 4A,4B,4C,5A, 3A, 3B,5A,5B

Elementary Curriculum Map					
Kindergarten - 2nd Grade					
First Term - August - December					
Unit 2-Continued					
Rhythms/Throwing & Catching/Striking & Volleying (20 days) September 19 - October 14					
	Warm-Up	Go Fitness	Go Activity	Cool-Down	
12	Fast Walk Card 6	The Sky Is Falling Card 130	Balloon Paddle Power Card 350	People Dodge Card 4	1A,1B,1D,1G,1N,5A, 5B,6A,6B,7A
13	People Dodge Card 4	Count Down Card 59	Buddy Paddle Power Card 353	People Dodge Card 4	1A,1B,1D,1G,1N,5A, 5B,6A,6B,7A
14	The S Trail Card 7	Frogs, Flies & Lily Pads Card 128	Flap Jacks Card 355	The S Trail Card 7	2A,2B,1A,1B,1C,1F, 1J, 3A,3B
15	Stretch Routine Card 164	Shaping Up Card 60	Walk The Dog Card 357	Stretch Routine Card 164	1A,1B,1D,1G,1N,5A, 2A,2B,1A,1B,1C,1F,
16	Simon Says Card 5	Frogs, Flies & Lily Pads Card 128	Ferryboats Card 358	Simon Says Card 5	7A-C, 1A-D,3A,3B,3C 4A,5A,5B,4A,
17	Nice To Meet You Card 10	Skitter Scatter Card 13	Tumbleweeds Card 360	Nice To Meet You Card 10	1A,2A,3A,3B,3C,5A, 1B,1C,,1I,2B

Elementary Curriculum Map

Kindergarten - 2nd Grade

First Term - August - December

Unit 3

Throwing & Catching Part 2/Dribbling & Passing Part 1

(25 days) October 17 - November 18

	Warm-Up	Go Fitness	Go Activity	Cool-Down	
1	Automobile Card 57	Race & Reach! Card 169	Frogs on the Lily Pads Card 374	Automobile Card 57	1A,3A,3B,3E,5A 5B, 2A,2B
2	Go Fish Card 9	Mighty Muscle Strength Stations Card 135	Partner Catch Card 377	Go Fish Card 9	1A,3A,3B,3E,5A 1F,1I, 1L, 2A,2B
3	Let's Get Together Card 8	Heart Healthy Living Card 54	Shooting Star Card 378	Let's Get Together Card 8	1A,3A,3B,3E,5A 4A, 7A,7B
4	Alphabet Walk Card 11	Hibernation Card 124	Circle Step Back Card 380	Alphabet Walk Card 11	1A,1B,1C,1D,2A, 3A,3B,3C,3D
5	Walking Talking Spelling Bees Card 14	Count Down Card 59	Keep Away Card 382	Walking Talking Spelling Bees Card 14	1A,1B,1C,1D,2A, 3A, 4A, 4B,4C,5A
6	Sticky Popcorn Card 15	Limber Limbs Stretching Stations Card 172	3 Flies Up Card 383	Fast Walk Card 6	1A-H, 2A,2B,3A, 4A 5A,7A
7	People Dodge Card 4	Crabs & Seagull Card 127	Ball-Handling Skills Card 222	People Dodge Card 4	1A-H, 2A,2B,3A, 4A 4B,4C,5A,5B,7A
8	The S Trail Card 7	Shaping Up Card 60	Pass It On Card 223	The S Trail Card 7	5A,5B,6A,6B,1A,1B 1C,1D,1E
9	Let's Get Together Card 8	Mighty Muscles Strength Stations Card 135	Jackhammers Card 225	Let's Get Together Card 8	5A,6A,6B,7A,7B,1A 1B,1C, 1 D , 1E
10	Walking Talking Spelling Bees Card 164	Race & Reach! Card 169	Look Mom, No Hands! Card 226	Walking Talking Spelling Bees Card 164	1A-H, 2A,2B,3A, 4A 5A, 6A,6B

Elementary Curriculum Map					
Kindergarten - 2nd Grade					
First Term - August - December					
Unit 3-Continued					
Throwing & Catching Part 2/Dribbling & Passing Part 1 (25 days) October 17 - November 18					
	Warm-Up	Go Fitness	Go Activity	Cool-Down	
11	Stretch Routine Card 164	Skitter Scatter Card 13	A' My Name Is... Card 227	Stretch Routine Card 164	1A-H, 2A,2B,3A, 4A 5A,6A,6B, 7A,7B
12	Bendables Card 166	Frogs, Flies & Lily Pads Card 128	Under Control Card 228	Bendables Card 166	1A,1B,1C,1D,2A,4A, 5A,5B, 7A,7B
13	Alphabet Walk Card 11	Count Down Card 59	Frozen Dribble Card 213	Alphabet Walk Card 11	1A,1B,1C,1D,2A,4A, 5A,6A,6B, 7A,7B
14	Limber Limbs Stretching Stations 172	Hibernation Card 124	Partner Dribble Card 230	Fast Walk Card 6	1A,1B,1C,1D,2A,4A, 6A,6B, 7A,7B

Elementary Curriculum Map

Kindergarten - 2nd Grade

First Term - August - December

Unit 4

Dribbling & Passing Part 2/Dribbling & Kicking

(17 days) November 28 - December 20

	Warm-Up	Go Fitness	Go Activity	Cool-Down	
1	Automobile Card 57	Race & Reach! Card 169	Circulation Card 231	Automobile Card 57	1A, 1B,1H, 2A,3A, 4A, 5A, 5B, 5C, 7A
2	The S Trail Card 7	Rum Pum Pum Card 53	Follow the Leader Card 233	The S Trail Card 7	1A, 1B,1H, 2A,3A, 5A,5B, 6A,6B
3	People Dodge Card 4	Count Down Card 59	Dribblers and Defenders Card 234	People Dodge Card 4	1A, 1B,1H, 2A,3A, 5A,5B, 6A,6B
4	Short Story Stretching Card 171	Fancy Feet Card 59	Look Mom, No Hands! Card 226	Short Story Stretching Card 171	1A-H, 3A, 3B, 3D 4A,4C, 5A, 6A,6B
5	Walking Talking Card 14	Hibernation Card 124	Freeze Tag Card 236	Walking Talking Card 14	1A,1B,1D,1E,1F 5A,5B, 6A,6B
6	Squirm, Wiggle, Jiggle Card 56	Critter Crackers Card 131	Follow-the-Leader Passing Card 238	Squirm, Wiggle, Jiggle Card 56	1A,1B,1C, 1G, 2A 3A,5A,7A,7B
7	Sticky Popcorn Card 15	Crabs & Seagulls Card 127	Team Passing Card 240	Sticky Popcorn Card 15	3C, 4A, 4B, 4A,5A, 5B 6A,6B, 7A
8	Let's Get Together Card 8	Mighty Muscles Card 135	Dribble Math Card 242	Let's Get Together Card 8	1A,1B,1C, 1G, 1I, 2A,2B, 3A, 3B, 3C
9	The S Trail Card 7	Shaping Up Card 60	Ball Handling Skills Card 204	The S Trail Card 7	1A,1B,1C, 1D, 2A,2B 6A,6B, 7A
10	People Dodge Card 4	Critter Crackers Card 131	Under Control Card 205	People Dodge Card 4	1A-H, 3A, 3B, 3D 5A,5B,5C, 6A
11	Skitter Scatter Card 13	Race & Reach! Card 169	Kick for Distance Card 206	Simon Says Card 5	1A-H, 3A, 3B, 3D 4A,5A,5B,5C,7A,7B

Elementary Curriculum Map						
Kindergarten - 2nd Grade						
First Term - August - December						
Unit 4 - Continued						
Dribbling & Passing Part 2/Dribbling & Kicking (17 days) November 28 - December 20						
	Warm-Up	Go Fitness	Go Activity	Cool-Down		
12	Simon Says Card 164	Heart Healthy Hiking Card 13	Kick for Accuracy Card 227	Alphabet Walk Card 164	1A-H, 3A, 3B, 3D, 4A, 5A,5B	
13	Alphabet Walk Card 11	Count Down Card 59	Kick-Kick Card 208	Go Fish Card 9	1A-H, 3A, 3B, 3D, 3B,3C, 4A, 4B	

Elementary Curriculum Map

Kindergarten - 2nd Grade

Second Term - January - June

Unit 5

Dribbling & Kicking Part 2/Jump Rope (2weeks)/Parachute
(20 days) January 9 - February 3

	Warm-Up	Go Fitness	Go Activity	Cool-Down	
1	Let's Get Together Card 167	Race & Reach! (with soccer ball) Card 169	Kick-Kick Card 208	Let's Get Together (with soccer ball)	1A, 1B, 1C, 1D, 1E, 1I,3A, 5A,5B,5C
2	Walking Talking Spelling Bees Card 14	Count Down Card 59	Kick for Accuracy Card 207	Walking Talking Spelling Bees Card 14	6A,6B, 1A, 5A,5B,5C 3D, 1F
3	Short Story Stretching Card 171	People Dodge (with soccer ball) Card 4	Triangle Pass Card 209	Short Story Stretching Card 171	1A, 1B, 1C, 1D, 1E, 4A, 4B, 5A,5B
4	Fast Walk Card 6	Race & Reach! (with soccer ball) Card 169	Team Passing Card 211	Fast Walk Card 6	1A-D, 2A-B, 5A,5B, 7A,7B
5	People Dodge Card 4	Hibernation Card 124	Frozen Dribble Card 229	People Dodge Card 4	2A.2B, 3A, 3B, 3C, 5A, 5B, 6A
6	Bendables Card 166	Heart Healthy Hiking (with soccer ball) Card 54	Partner Dribble and Pass Card 214	Bendables Card 166	7A,7B, 1A,1B,1C, 5A,5B
7	People Dodge Card 4	Race & Reach! Card 169	Stationary Rope Card 271	People Dodge Card 4	1M, 1J, 1I, 1D, 5A, 5B 3A, 3B,3D
8	Follow Me Card 278	Hibernation Card 124	Long Rope Jumping Card 273	Follow Me Card 278	1M, 1J, 1I, 1D, 5A, 5B 3A, 3B,3D
9	Fast Walk Card 6	Shaping Up Card 60	Freestyle Card 274	Fast Walk Card 6	1M, 1J, 1I, 1D, 5A,5B 3A, 3B,3D
10	Simon Says Card 5	Tunnel Train Card 133	"Can You...?" Card 275	Simon Says Card 5	1M, 1J, 1I, 1D, 5A,5B 3A, 3B,3D

Elementary Curriculum Map

Kindergarten - 2nd Grade

Second Term - January - June

Unit 5 - Continued

Dribbling & Kicking Part 2/Jump Rope/Parachute
(20 days) January 9 - February 3

	Warm-Up	Go Fitness	Go Activity	Cool-Down	
11	Umbrella/Balloons/Clubhouse Color Exchange Cards 303-305	Spinning Wheel Card 306	Sunbeam Card 310	Class Portrait/ Diamond in the Bank Cards 303/305	1A-H, 2A,2B, 3A,3B, 6A,6B, 7A,7B
12	Umbrella/Balloons/Clubhouse Color Exchange Cards 303-305	Interval Running Card 307	Hotdog, Mustard, Relish Card 309	Class Portrait/ Diamond in the Bank Cards 303/305	1A-H, 2A,2B, 3A,3B, 6A,6B, 7A,7B
13	Umbrella/Balloons/Clubhouse Color Exchange Cards 303-305	Spinning Wheel Card 306	Sunbeam Card 310	Class Portrait/ Diamond in the Bank Cards 303/305	1A-H, 2A,2B, 3A,3B, 6A,6B, 7A,7B
14	Umbrella/Balloons/Clubhouse Color Exchange Cards 303-305	Interval Running Card 307	Hotdog, Mustard, Relish Card 309	Class Portrait/ Diamond in the Bank Cards 303/305	1A-H, 2A,2B, 3A,3B, 7A,7B,5A,5B

Elementary Curriculum Map

Kindergarten - 2nd Grade

Second Term - January - June

Unit 6

Jump Rope Part 2(2weeks)/Parachute Part 2

(25 days) February 6 - March 10

	Warm-Up	Go Fitness	Go Activity	Cool-Down	
1	The S Trail Card 7	Rum Pum Pum Card 53	Snakes Card 276	The S Trail Card 7	1A,1B, 1E,1I,1J, 2A 2B, 3A, 4A, 7A, 7B
2	Stretch Routine Card 164	Race & Reach! Card 169	Lucky Guess Card 277	Stretch Routine Card 164	1A,1B, 1E,1I,1J, 2A 2B, 3A, 4A, 7A, 7B
3	Let's Get Together Card 8	Heart Healthy Hiking Card 54	Follow Me Card 278	Let's Get Together Card 8	1A, 1B, 1D, 1M, 1N, 1I, 5A, 5B, 7A
4	Walking Talking Spelling Bees Card 14	Crabs & Seagulls Card 127	Musical Ropes Card 279	Walking Talking Spelling Bees Card 14	1A, 1B, 1D, 1M, 1N, 1I, 5A, 5B, 7A
5	Limber Lettters Card 168	Count Down Card 59	Jump the Circuit Card 280	Limber Letters Card 168	1A, 1B, 1D, 1M, 1N, 1I, 5A, 5B, 7A
6	Umbrellas/Balloons/Clubhouse Color Exchange Cards 303-305	Popcorn Card 308	Spotlight Dance Card 311	Museum/ Save the Day Cards 303-305	1A, 1C, 1E, 1F, 1H, 1J 5A, 5B, 7A
7	Umbrellas/Balloons/Clubhouse Color Exchange Cards 303-305	Hotdog, Mustard, Relish Card 309	Interval Running (vary locomotor) Card 307	Museum/ Save the Day Cards 303-305	1A, 1B, 2A,2B, 5A,5B 7A, 4A, 6A, 6B
8	Umbrellas/Balloons/Clubhouse Color Exchange Cards 303-305	Popcorn Card 308	Spotlight Dance Card 311	Museum/ Save the Day Cards 303-305	1A, 1B, 2A, 2B, 5A, 6A, 7A
9	Umbrellas/Balloons/Clubhouse Color Exchange Cards 303-305	Hotdog, Mustard, Relish Card 309	Interval Running (vary locomotor) Card 307	Museum/ Save the Day Cards 303-305	1A, 1B, 2A, 2B, 5A, 6A, 7A

Elementary Curriculum Map						
Kindergarten - 2nd Grade						
Second Term - January - June						
Unit 7						
CATCHified Activities/Cooperative Games/Hooked for Life (18 days) March 21 - April 13						
	CATCHified Activities		Cooperative Games			
	Teeball		Clean Your Backyard	TEKS 1A-7C		
	Kickball		StarWars	1A-7C		
	Floor Hockey		Fireman's Brigade	1A-7C		
	Flying Discs		Musical Hoops	1A-7C		
	Hooked for Life Preparation			1A-7C		

Elementary Curriculum Map

Kindergarten - 2nd Grade

Second Term - January - June

Unit 8

Review of Year/Field Day Preparation/Practice
 (19 days) April 18 - May 12
 May 15 - May 18: Field Days/Testing

Review of Year	Field Day Practice				
Highlight activities learned throughout the year	Fireman's Brigade	TEKS 1-7C			
	Beanbag Throw	1-7C			
	Broad Jump	1-7C			
	Obstacle Course	1-7C			
	Chicken Relay	1-7C			
	Crab Walk/Bear Crawl	1-7C			
	Tug-of-War	1-7C			
	Jump Rope	1-7C			
	Free Throw	1-7C			
	Sack Race	1-7C			
	Partner Tricks	1-7C			

****Curriculum Map subject to changes based on students' needs**