

Point Isabel Independent School District (PIISD) School Health Advisory Council (SHAC) Minutes

Date: September 24, 2019

Time: 4:17 – 5:15 p.m.

Location: Point Isabel ISD Board Room

Attendees: SHAC Members

Facilitator: A. Holland

Recorder: V. Brown

Timekeeper: A. Holland

Meeting Objectives:

- Develop an understanding of the purpose and organization of the SHAC
- Review and discuss the 2018-2019 SHAC Initiatives
- Review Wellness Policy (FFA LEGAL/LOCAL) and Regulations
- Rachel’s Challenge – FOR Club Overview

To prepare for this meeting, please:

- None required

Materials we will use at the meeting:

- Pencil or Pen

SHAC Attendance

Members Present:

Brown, Valarie
Cabrera, Adrian
Cantu, Mary Jane
Espinoza, Jeanne
Esquivel, Norman
Garcia, Rita
Hernandez, Nancy
Holland, Ana
Johnson, Patty-Jo Ryan
Kagle, Debbie

Members Present:

Lowe, Jason
Pelt, Nicole
Pena, Elva
Rodriguez, Fedra
Sanchez, Paula
Stathopoulos, Laura
Trevino, Connie
Wolcott, Cristal
Zamora, Cecilia
Zimmerman, Lindsey

Members Absent:

Alaniz, Isabel
Bodden, Johnathan
Breedlove, Julie
Camacho, Cherie
Carrillo, Aurelia
Garza, Monica
Garza, Tiffany
Gonzalez, Ana
Kriegbaum, Tracey
Lopez, Michelle

Members Absent:

Pena, Audrey
Perez, Laura
Ramirez, Kirstie
Silva, Dinah
Smith, Craig
Soukey, Juliana
Strunk, Jason
Troncoso, Lourdes
Vela, Edgar

Time	Minutes	Activity
4:16 – 4:19	2	<p>Welcome and Introduction of SHAC Members</p> <p>Mrs. Holland thanked the SHAC members for agreeing to participate in the SHAC. She introduced members by the population they represented (health professionals, public school teachers, PE/coach, administrators, high school students, business and community representatives, clergy, counselors, and</p>

		parents from each campus. She also shared that School Board members could appoint one or more SHAC members to the committee. Currently the only School Board appointed SHAC member is Tracey Krieghbaum.
4:19 – 4:32	13	<p>Purpose and Organization of the SHAC</p> <p>Mrs. Holland explained the requirements for business and community members, which included that a community and business member may not be a parent of a student in the district or an employee of the district, as well as residing in the community if they are a community member. For a business member they do not have to reside in the district, but their business does. Parents cannot be an employee of the district. She also shared that the District is pending business and community members. The goal is to have one health-related person from each Laguna Madre community to participate.</p> <p>In addition, according to policy the SHAC must elect a Co-Chair, who is either a student or parent. The committee unanimously elected Mary Jane Cantu, as the co-chair.</p> <p>The members participated in a BDF (Legal) policy review through a cooperative scavenger hunt (see attached). After completing the scavenger hunt, the group reviewed the responses for accuracy. The top team was awarded a prize for the most correct responses.</p> <p>Mrs. Holland provided an overview of 2019-2020 SHAC Meeting Dates, as well as a Save the Date flyer (see attached).</p>
4:32 – 4:37	5	<p>Review and Discussion of 2018-2019 SHAC Initiatives</p> <p>Mrs. Holland provided an overview of the 2018-2019 SHAC initiatives (see attached). This included the Food Pantry project, which is in need of a refrigerator for food items. She shared that the Garden grant awarded to Derry and Garriga Elementary still has funds, but would confirm with the Business Office. She shared that secondary staff and Norman Esquivel participated in the Big Decision training update as part of the Department of State Health Service grant.</p> <p>Members made recommendations for the 2019-2020 school year initiatives, such as addressing recess time and punishment, cafeteria food analysis, diabetes student and staff analysis, and wellness regulation analysis. Cecilia Zamora shared that she could also assist with healthy food choice sessions.</p>
4:37 – 4:39	2	<p>2018-2019 Wellness Policy (FFA LEGAL/LOCAL) and Regulations Review</p> <p>The group then reviewed the Wellness Policy for changes for the 2019-2020 school year (see attached). Mrs. Holland explained that the only fundraiser exceptions submitted were for Derry Elementary. She also explained that they had to be approved by the superintendent prior to including them in the 2019-2020 Wellness Regulations. She also shared that Ms. Alarcon and Mrs. Pena-Rodriguez are working on the Food Showcase.</p>
4:39 – 4:55	16	<p>Rachel’s Challenge – FOR Club Overview</p> <p>Each campus started the process of setting up the FOR Club and provided an update on the status of the FOR Club. All campuses have had students sign up to</p>

		join the FOR Club, and celebrated and displayed the Acts of Kindness in chain links.
4:55 - 5:15	20	<p>SHAC Member Homework</p> <p>Mrs. Holland shared the 2019-2020 Student Enrollment Analysis with the SHAC members (see attached). She explained that the district enrollment had decreased by 170 students from the previous school year, with the greater losses at the elementary campuses.</p> <p>Mrs. Holland asked the SHAC members to ask their neighbors the following questions.</p> <ol style="list-style-type: none"> 1. Do you have school-age children? 2. If they do, do they attend a Point Isabel ISD school? 3. If they do not attend a Point Isabel ISD school, ask why not? <p>We will share the information obtained at the next SHAC meeting.</p>
5:15	0	Adjournment
Next Meeting Date: October 22, 2019		