



2018-2019 SCHOOL HEALTH ADVISORY COUNCIL YEAR END REVIEW: FOCUSED ON BUILDING A HEALTHY COMMUNITY

MAY 28, 2019

HEALTH AND WELLNESS FOCUS

It's Time Texas
Community Challenge
1st Place – Extra Small
District

Analysis and Revision of
Wellness Regulations

Community Garden
Grants

Secondary Training
for Big Decisions
(Partnership with DSHS)

Addition of a Site
Resource Officer
(Parent and Student
Presentations)

Texas Youth Tobacco
Survey

Point Isabel ISD
Food Pantry
(started)

REVIEW OF 2018-2019 SHAC RECOMMENDED FOCUS AREAS

WELLNESS POLICY AND REGULATIONS

- Evaluate and refine the Wellness Policy and Regulations
- Add Board appointed, business, and community members to SHAC
- Analysis physical education
 - As a punishment
 - Excuses
 - Removals
- Cafeteria meal consumption analysis
- Lunch parent delivery analysis
- Healthy snack incentives
- Concession stand
- PIHS SHAC

IT'S TIME TEXAS COMMUNITY CHALLENGE

- Add city health and wellness leaders to SHAC
- Presentations to all City Councils
- Increase high school student participation
- Increase student participation in diabetes screening
- Provide support sessions for students at-risk of diabetes

THANK YOU!