

Point Isabel Independent School District (PIISD) School Health Advisory Council (SHAC) Minutes

Date: November 13, 2018

Time: 4:20 – 5:13 p.m.

Location: Point Isabel ISD Board Room

Attendees: SHAC Members

Facilitator: A. Holland

Recorder: K. Ramirez

Timekeeper: A. Pena

Meeting Objectives:

- Review 2017-2018 Wellness Regulations Evaluation
- Review and Discuss 2018-2019 Wellness Policy (FFA LEGAL/LOCAL) and Regulations
- Review and discuss Healthier Texas Summit Conference and It’s Time Community Challenge

To prepare for this meeting, please:

- None required

Materials we will use at the meeting:

- Pencil or Pen

SHAC Attendance

Members Present:

Breedlove, Julie
 Garcia, Rita
 Gonzalez, Melissa
 Hernandez, Nancy
 Holland, Ana
 Kriegbaum, Tracey
 Martinez, Adolfo
 Sanchez, Paula
 Soukey, Julianna
 Torres, Josie
 Trevino, Connie

Members Absent:

Alaniz, Maria I
 Barrera, Cindy
 Bodden, Johnathan
 Brown, Valarie
 Burleson, Hannah
 Cabrera, Adrian
 Espinoza, Cherie
 Ferrone, Rhonda
 Kagle, Debbie
 Lopez, Michelle

Members Absent:

Lowe, Jason
 Murchinson, Gabriela
 Pena, Audrey
 Perez, Laura
 Ramirez, Kirstie
 Silva, Dina
 Smith, Craig
 Stathopoulos, Laura
 Strunk, Jason
 Torres, Elizabeth

Members Absent:

Zimmerman, Nick
 Zimmerman, Lindsey

Time	Minutes	Activity
4:20 – 4:21	1	Welcome Mrs. Holland welcomed the SHAC members and explained that they would be reviewing the findings from the Wellness Regulations Evaluation and making recommendations for the Wellness Policy.
4:21 – 4:55	34	Review 2017-2018 Wellness Regulations Evaluation (WellSAT 2.0) Review and Discussion of 2018-2019 Wellness Policy and Regulations

		<p>Members worked in groups to review different sections of the 2018-2019 Wellness Regulations and determine areas in which to incorporate the findings from the 2017-2018 Wellness Regulation Evaluation (WellSAT 2.0). Attached is 2018-2019 Wellness Regulations with recommended additions in blue, items eliminated in green. Comments, questions, and recommendations which require additional discussions from the members are listed below. (Responses to questions are in blue.)</p> <p>Nutrition</p> <ul style="list-style-type: none"> Do students have an adequate time to eat? <i>All students have a 30 minute lunch period, which includes eating their meal, optional recess, physical activity, or socialization at elementary and junior high campuses.</i> <p>Physical Activity</p> <ul style="list-style-type: none"> Concern about the number of students pulled from physical education (PE) at elementary campuses for counseling, additional tutorials, related services. The recommendation provided by the group included: (1) pulling students from other non-core areas like library, keyboarding, or art; (2) Take attendance during PE to ensure students are attaining their 135 minute PE requirement; (3) Set rules in place that deter the removal of students from PE. <p>Allowable Foods</p> <ul style="list-style-type: none"> Are the campus incentives in the regulations the only ones allowed? <i>Yes, the superintendent approved the ones in the regulations and the only ones allowed unless they are instructional and noted in lesson plans.</i> What are the five celebrations allowed each year? <i>Christmas, Easter, Valentine’s Day, End of Year, and Halloween.</i> <p>Professional Development for Physical Activity</p> <ul style="list-style-type: none"> What activities have been provided to teachers to employ in the classrooms? <i>No, training has been provided at the district level but will check with campus leaders.</i> <p>Parent and Community Events</p> <ul style="list-style-type: none"> Can the health and wellness parent and community events be district events? <i>Yes, but all campuses would need to participate.</i>
4:55 – 5:05	10	<p>Healthier Texas Summit Overview</p> <p>Mrs. Torres attended the Healthier Texas Summit in October, which provided great information about the health initiatives occurring throughout the state. For example, she shared information from the Surgeon General, who compared the cost of housing and caring for incarcerated people to the rehabilitation of opioid addicts. She also shared about the lack of Hispanics in the medical field and the focus on engaging Hispanic students in STEM projects; in order to increase the number of Hispanic students interested in the STEM field like medical field.</p>
5:05 – 5:12	7	<p>Review and Plan for <i>It’s time Texas Community Challenge</i></p>

		Mrs. Torres shared that early registration for the It's Time Texas Community Challenge opened in November and would earn the District an additional 500 points per enrollee. She also shared that the first event for the It's Time Texas Community Challenge would be in January. More information will be forthcoming.
5:13	0	Adjournment
Next Meeting Date: January 22, 2019		