

2017-2018 Recommended Focal Areas

SHAC Group 1

1. Campus activity (each campus has individual activity then come together for a 5k).
2. Wellness Week
3. HEB Tour
4. Nutritional Education for Parents (during parental involvement meetings).
5. Mentoring younger students about eating healthy and staying active (secondary athletes visiting elementary campuses)

SHAC Group 2

1. Gym discount for families of students
2. Family Bicycle Run (maybe Lions club can donate bicycles for those who do not have any).
3. Walk for Health (involve kids, prizes, ribbons at finish line).
4. Healthy food line choice (adding a line of fruits) (have a healthy snack bar after school).
5. Update snack line to healthier choices (fruits) (having the snack bar open after school).