



School Health Advisory Council Meeting

September 26, 2017

4:15 p.m.

Members Present:

Cindy Barrera
Hannah Burleson
Adrian Cabrera
Stephanie Cadengo
Cherie Camacho
Nicholas Camacho
Athit Farias
Rhonda Ferrone
Rita Garcia
Melissa Gonzalez
Ana Holland
Tracey Kriegbaum
Brenda Martinez
Gabriella Murchison
Estefana Newton
Brandon Perez
Laura Perez
Kristie Plattner
Kirstie Ramirez
Agustina Reams
Joey Rivera
Cindy Salazar
Dina Silva

Laura Stathopoulos

Connie Trevino

Members Absent:

Isabel Alaniz
Julie Breedlove
Johnathan Bodden
Edith Carreto
Elisheba Casey
Brian Chavez
Robyn Dunkin
Dr. Lisa Garcia
Monica Garza
Ana Gonzalez
Nancy Hernandez
Henry LeVrier
Michelle Lopez
Abbie Mahan
Esotarya Mitchell
Ana Laura Ochoa-Loera
Audrey Pena
Pablo Pena
Gabriela Sanchez
Craig Smith

Mayra Trujillo

Lindsey Zimmerman

I. Welcome

Mrs. Holland welcomed the School Health Advisory Council (SHAC) members to the first meeting of the year. She introduced Berta Cavazos from Tobacco Prevention Coordinator Texas Department of State Health Services. Mrs. Cavazos provided an overview of the CATCH My Breath Program for secondary students.

II. CATCH My Breath Program

Mrs. Cavazos provided a brief overview of the free e-cigarette curriculum for secondary students. The program includes a free webinar training, materials, pre and post surveys and lesson plans. The members expressed interest in implementing CATCH My Breath program at the secondary campuses. There was also discussion about engaging students in creating advertisements and presentations associated with the pitfalls and myths about e-cigarettes, as well as presenting at local city council meetings. Elementary counselors and nurses expressed interest in an aligned curriculum for 5th grade. Mrs. Cavazos shared that Tar Wars was a possibility for 4th and 5th grade students. (Counselors received information on Tar Wars last week.)

The members then split into two groups for the remainder of the meeting to discuss the following topics.

III. Session One – Kirstie Ramirez:

- a. Responsibilities and Roles – Mrs. Ramirez reviewed the roles and responsibilities of the School Health Advisory Committee (SHAC) with each group (see attached).
- b. SHAC Meeting Dates – Members reviewed the meeting dates for SHAC and left with a “save the date” handout (see attached).
- c. 2017-2018 Recommended Focal Areas – Members discussed possible recommendations for the committee members to focus on for the 2017 – 2018 school year (see attached).

IV. Session Two – Ana Holland:

- a. CATCH a Tarpon Tip Update – Mrs. Josie Torres, PIISD Communication Specialist reviewed the location of the *CATCH a Tarpon Tip* link on the District website (on the District home page – third tab at the top) and played the first posted tip. The physical education teachers are responsible for organizing and assisting the Port Isabel High School students in the development of their tip. The goal is to post two messages per week. The *CATCH a Tarpon Tip* posting was a recommendation of the 2016-2017 SHAC members.
- b. *It's Time Texas* Overview – Mrs. Cindy Salazar-Collier provided an overview of the initiatives for health and wellness provided by *It's Time Texas*. The goal of the District is to promote health and wellness as a community. There was a discussion about having the student leaders from secondary campuses to present at city council meetings about the health and wellness opportunities through *It's Time Texas*. One goal would be to have all Laguna Madre communities participate in the *It's Time Texas* Community Challenge scheduled for January 2018. The members also discussed the importance of participating in the Texas Walk Challenge on October 20, 2017 and spreading the information to different community organizations. The group was excited about the many possibilities available through *It's Time Texas*.
- c. Senate Bill 1566 Update – Mrs. Holland and Mrs. Camacho provided an overview Senate Bill 1566, which requires elementary campuses to inform the parent when their child has lice within 48 hours. It also requires the elementary campus to inform parents that a student in their child's class had lice within five school days. Mrs. Torres, the social media specialist, presented a video that would be posted on the CATCH a Tarpon Tip link to educate parents about lice. Members provided feedback about the video. The members also reviewed the parent letter for parents (see attached).

V. Next Meeting: November 14, 2017

VI. Adjournment